

ADULT CLASS SCHEDULE

Monday

Mat Pilates 6:30PM - 7:25PM

Mat Pilates Power Circuit

7:30PM - 8:25PM

Wednesday

Ballet Fitness

Ballet Barre 11:00AM - 11:55AM

Sculpt 12:00PM - 12:55PM

Fundamentals 6:00PM - 6:55PM

Sculpt 7:00PM - 7:55PM

Thursday

Ballet Fitness

Sculpt 12:00PM - 12:55PM

Mat Pilates 1:00PM - 1:55PM

Adult Ballet (Intermediate)

7:15PM - 8:45PM

Saturday

Adult Ballet (Beginners)

1:45PM - 3:15PM

Sunday

Inside Flow 12:00PM - 12:55PM

Ballet Fitness

Sculpt 1:00PM - 1:55PM

Ballet Barre 2:00PM - 2:55PM

Drop-In \$35

5 Class Pack \$150

10 Class Pack \$280

20 Class Pack \$520

50 Class Pack \$1,200

Book your slots via the link or scan the QR code!
<https://clients.oclass.app/legrandschoolofdance/book/class>

